

## WHO ARE WE?

With backgrounds in small group leadership, worship, pastoral care and counselling/listening ministry we moved from Essex 3 years ago, at a point of semi-retirement, with a sense that God was calling us to develop our ability to provide a place for spiritual refreshment & hospitality. We have had the pleasure of hosting hundreds of visitors over the past couple of years of different ages and needs but pray that each person meets with God and has a time of blessing and revelation. We have links with Christians locally, are trainee campanologists at the village church (!), worship at an Anglican Church in Boston and remain linked with our previous network of churches based at Skylark

Church in Chelmsford  
[www.skylarkchurch.com](http://www.skylarkchurch.com)



Graham & Alison Tulloch

## WHERE ARE WE?



At the southernmost tip of the Lincolnshire Wolds, an area of outstanding national beauty We are situated on the edge of a small village surrounded by gently rolling hills and home to the remains of Bolingbroke Castle, birthplace of Henry IV

### TO BOOK CONTACT

ROOM TO BREATHE @ SKYLARK  
HOUSE

Old Bolingbroke

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01790 763206

Websites:

[www.skylarkhouse.co.uk/retreat](http://www.skylarkhouse.co.uk/retreat) &  
[quietgarden.org/gardens/room-to-breathe/](http://quietgarden.org/gardens/room-to-breathe/)

## ROOM TO BREATHE RETREAT



A quiet place to find welcome, stillness and spiritual refreshment, through contemplation of nature, meditation and prayer, individually or as a group



# WHAT WE OFFER

Retreat house and garden space for individuals or groups up to 25, with flexible options for use of Barn Owl Snug (for 1), lounge (up to 10), Woodpecker (up to 25) and use of the quiet garden and prayer den (unheated) during warmer months.



Quiet25 - An outdoor 'Group Journey Into Silence' also available either as a one-day course or 5 weekly 90 minute sessions, taking you on a journey through a range of contemplative exercises and practices in the exploration of meeting God in silence. Donation basis. Please contact us for more information.

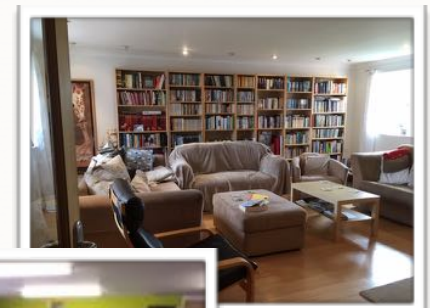
- use of Barn Owl Snug, The Lounge, or Woodpecker
- CD player, keyboard and amp available in all rooms
- tea and coffee are provided and light lunch if you book for the day, or bring your own lunch
- freedom to explore the developing 2 acre garden space which is affiliated to the Quiet Garden Movement ([www.quietgarden.org](http://www.quietgarden.org))
- the opportunity to pause in the prayer den or various seating areas
- members of the team will be on hand during your stay
- for longer retreats bedrooms with private bathrooms are available-please contact us for details



We ask for donations for retreat visits and have a scale of suggested donations. Please ask for details. We would like to facilitate retreats for all, regardless of resources, so please talk to us.



Skylark House and Garden



The Lounge



Woodpecker