



Quiet Garden Movement

sharing outdoor space for wellbeing and the inner journey

Our Strategy Summary

Our Story

Started in the 1990s in the UK, Quiet Gardens provide low cost, outdoor space for prayer, contemplation, rest and inspiration. They have been established in a variety of settings, such as private homes, churches, schools, prisons and hospitals. Today there are over 300 in rural and urban contexts in 14 countries across the world. All are owned and run by a network of local hosts, and used by their local communities. The Movement resources and organises opportunities for people visiting these outdoor spaces to experience silence, restfulness and contemplative practices.

The original inspiration for Quiet Gardens came from our founder Rev Philip Roderick who was exploring the creative tension between action and contemplation. It flows from the example of Jesus's withdrawal to natural places to pray and his invitation to, 'Come with me by yourselves to a quiet place and get some rest'.

Those involved in the Quiet Garden Movement come from a variety of traditions and cultures. We are inspired by our Christian tradition, and we work with people and communities of all faiths and none.

Our Future

By 2030 we envisage we will have...

- Sustained a small scale organisation, yet significantly grown our impact
- Developed a range of strong strategic partnerships that support the vision of the Movement
- Enabled Quiet Gardens to be established, recognised and accessed within their local communities
- Created regular opportunities to promote and support peoples' wellbeing
- A diverse spread of Quiet Gardens across rural and urban areas, in the UK and beyond

Our Vision

A world where people are restored and inspired by the experience of being in a welcoming, quiet outdoor space.

Our Purpose

To nurture engagement with outdoor spaces.

Our Mission

To resource, network and sustain Quiet Gardens.

Our three Strategic Goals (2018-2021)

Resource

Increase the creative use of quiet spaces outdoors

Network

Develop wider awareness of, and enable connections across, the Movement

Sustain

Strengthen the organisation

Our Values

- Hospitality - the offer of a warm-hearted, simple welcome to all
- Contemplation - the practice of silence, stillness, meditation and prayer
- Nature Connection - the opportunity to deepen our relationship with the natural world
- Creativity - the provision of quiet outdoor space to inspire

Our Beliefs

- We honour what unites us and we are enriched by our differences
- Guided by our past tradition, we are open to the freshness of the future
- In collective participation, we can be more effective
- Creating intentional space for inner silence is important for everyone's wellbeing
- Time spent in the natural environment will inspire our reflection and invigorate our action