



Coronavirus - Advice for Hosts

COVID-19 presents big challenges for people all over the world. At this difficult time, we can each play a vital role in helping to reduce the impact and look after ourselves and each other.

The 3 key symptoms are **Fever, Cough** and **Shortness of breath and loss of taste and smell**. If you have these symptoms take immediate action: self-isolate and **seek medical advice**.

- **The virus is thought to spread mainly from person to person between people who are in close contact (within about 6 feet)**
- **Through respiratory droplets when a person coughs or sneezes**

Taking steps to protect yourself and others

- Hold gatherings outside
- Adhere to the 2 meter apart rule. If need be measure out your space beforehand and limit your number of visitors.
- Encourage those who are over 70 to stay at home
- Encourage visitors to wear a mask
- Take the names and contact details of those who attend a gathering. Details must be destroyed after 21 days. (UK Hosts ONLY)
- Provide hand sanitizer for visitors to use as they enter your garden
- DO NOT provide refreshments – encourage visitors to bring their own
- Viruses can live on hard surfaces for up to eight hours. Frequently clean key areas where visitors have been e.g. seats.

For Hosts residing in the UK - key up-to-date information from the government can be found here:

<https://www.gov.uk/coronavirus>

Hosts residing in other parts of the world please refer to your Government's advice.

Advice for visitors can be found here and sent to folk who might be attending an organized gathering