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*“Come with me by yourselves to a quiet place and get some rest”*

Mark 6:31

We are part of the...

# Quiet Garden Movement

sharing outdoor space for wellbeing and the inner journey

Nurturing access to outdoor space  
for prayer, reflection and rest.

[www.quietgarden.org](http://www.quietgarden.org)

The Quiet Garden Trust is a UK  
registered charity – No. 1038528