



Photo: Scargill House, Yorkshire

## Join our Friends Scheme today...

As a Friend you'll receive...

Our twice yearly **Pause newsletter** and **regular emails** with news and resources.

An **invitation to our Annual Gathering** – to hear inspirational speakers, meet Quiet Garden hosts and the trustees, share news and exchange ideas;

And invitations to any other regional events.

If you love the ethos of The Quiet Garden Movement, support its vision and would like to be linked formally, but loosely, with the Movement, please become a Friend.

Simply complete the enclosed form and return it to us – or visit

[www.quietgarden.org/friends](http://www.quietgarden.org/friends)

All financial contributions are very much appreciated.

## Quiet Garden Movement

sharing outdoor space for wellbeing and the inner journey


The Quiet Garden Movement is run by **The Quiet Garden Trust**, a UK registered charity – No. 1038528  
Contact us for further details on making gifts to support our work or visit [www.quietgarden.org](http://www.quietgarden.org)

 [WWW.QUIETGARDEN.ORG](http://WWW.QUIETGARDEN.ORG)

  @QUIETGARDENS

 [INFO@QUIETGARDEN.ORG](mailto:INFO@QUIETGARDEN.ORG)

 01494 578909

 THE QUIET GARDEN TRUST  
THE RECTORY, DARK LANE,  
EWYAS HAROLD,  
HEREFORDSHIRE, HR2 0EZ, UK

# Friends Scheme

An invitation to support Quiet Gardens worldwide...



Photo: Bishop's House Garden, Norwich

The Quiet Garden Movement nurtures access to outdoor space for prayer, reflection and rest, creating opportunities for people to experience silence and stillness.

Regular support through our Friends Scheme ensures the charity can maintain and develop the Movement, meaning people of all ages can discover and experience the benefits of time out in nature.

*"A garden can be strong medicine to nurture and shape the soul. Gardens have a way of seeping in to your soul and you find yourself enjoying the air and watching for miracles. In a hurried and distracted world we need garden sanctuaries, places that ground us. We need Quiet Gardens."*

**Terry Hershey – Patron**

# What we do...

Those involved in the Quiet Garden Movement come from a variety of traditions, churches and cultures. As such we express our heritage in many diverse ways and welcome the diversity of fellow travellers on the journey. All are welcome to Quiet Gardens, to rest in the presence of God, whatever spiritual path they follow.

Quiet Gardens vary widely in their size and situation. They are provided in a variety of settings, such as private homes, churches, schools and hospitals. At the core is the provision of outdoor space intentionally set aside for prayer, silence and refreshment.

There are over 300 Quiet Gardens globally, each offering a sanctuary space and time for stillness.

Our core values include:

**Hospitality** – the offer of a warm-hearted, simple welcome to all.

**Contemplation** – the practice of silence, stillness, meditation and prayer.

**Nature Connection** – the opportunity to deepen our relationship with the natural world.

**Creativity** – the provision of quiet outdoor space to inspire.

**Our Friends Scheme matters...**

The daily work of the Movement depends on staff and volunteers nurturing existing Quiet Gardens, and encouraging new ones, as well as spreading the vision world-wide. **Through regular financial giving Friends ensures the smooth running of the charity and keep office open.**

**Support our work by joining our Friends Scheme - simply follow the instructions opposite.**

*"The natural environment of gardens with their mixture of tending, cultivating and sanctified neglect, are places that draw me into the heart of God. They are places where I can dwell deeply, through being in the slip-stream of prayer, contemplation and renewal, and find life again in all of its abundance.*

*Through the work of the Quiet Garden Movement, I pray that this will also be true for many other people, and I remain grateful to those who open their gardens so that others can slow down and rest in God's abundant love in Jesus."*

**The Rt Revd Graham Usher – Patron**

# Join the Friends Scheme...

Please complete the form below and return it to us at: The Quiet Garden Trust, The Rectory, Dark Lane, Ewyas Harold, Hereford, HR2 0EZ, UK

## Your contact details:

Title:                      First Name:                      Last Name:

Address:

Postcode:

Telephone:

Email:

Join our news emailing list?     Yes                       No

I consent to be contacted (in accordance with the terms at [www.quietgarden.org/privacy](http://www.quietgarden.org/privacy)) by:     Email     Telephone     Post

## Gift details:

**Our bank details: The Quiet Garden Trust | sort code 30 94 28 | a/c no 00458345**

- Cheque** - I enclose a cheque for £ \_\_\_\_\_ payable to 'The Quiet Garden Trust'
- Bank Transfer** - I will do a bank transfer for £ \_\_\_\_\_ to the above account
- Standing order** - I will set-up a regular standing order myself for £ \_\_\_\_\_ using the bank details above (  tick this box if you would prefer us to set-up a regular standing order for you and we will be in touch)

## Gift Aid Declaration – multiple donation

I want to Gift Aid my donation and any donations I make in the future to The Quiet Garden Trust. I am a UK taxpayer and understand that if I pay less Income Tax and /or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

**Date:** \_\_\_\_\_

**Please notify us** if you: want to cancel this declaration, change your name or address, or no longer pay sufficient tax on your income and/or capital gains.