



Photos: Annie Spratt / Unsplash.org

## In Memory Giving

Giving in Memory is a way for people to honour the memory of a loved one, helping friends and family to remember the person who has died and celebrate their life whilst supporting their favourite charity. You can tell your family which charities you favour if you would like people to give in this way.

## How your gift will be used

The gift you decide to make will contribute to the sustainability of The Quiet Garden Trust, enabling us to continue to work with Quiet Garden Hosts and those benefiting from the opportunity for restfulness and refreshment to restore mind, body and soul. The policy of The Quiet Garden Trust is to use gifts in Wills to help fund significant development

projects in the Movement. Since needs change over the years, we encourage supporters to leave a gift in your Will for the general purposes of the Trust, rather than for a restricted purpose. The Trustees will discuss with executors the most appropriate use of the gift in the light of current projects and the donor's known areas of interest.

*"Come with me by yourselves to a quiet place and get some rest"* Mark 6:31

## Quiet Garden Movement

sharing outdoor space for wellbeing and the inner journey

The Quiet Garden Movement is run by The Quiet Garden Trust, a UK registered charity – No. 1038528. Contact us for further details on making gifts to support our work or visit [www.quietgarden.org](http://www.quietgarden.org)

-  [WWW.QUIETGARDEN.ORG](http://WWW.QUIETGARDEN.ORG)
-   [@QUIETGARDENS](https://www.facebook.com/QUIETGARDENS)
-  [INFO@QUIETGARDEN.ORG](mailto:INFO@QUIETGARDEN.ORG)
-  01494 578909
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THE RECTORY, DARK LANE,  
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# Leave a legacy

Share in the future of the Quiet Garden Movement



Photo: Juliane Liebermann / Unsplash.org

Find out how can you make a lasting gift that will enable people of all ages to discover and experience the benefits of time out in nature for silence and stillness.

Be it a peaceful oasis in the city or a quiet haven in the wilderness, we network outdoor spaces and create opportunities for everyone to find silence, restfulness and soul-time.

The Quiet Garden Trust is the charity behind the Movement.

*"If you stand still for a few minutes in the relentless onward rush of 21st century life you might hear a quiet but insistent undercurrent. It is the cry of our hearts for space and time just to be, to listen to the heartbeat of creation, to let our souls catch up. Quiet Gardens offer just such longed-for oases of peace. They open up once more what all our busy-ness has buried – the precious gift of heart-time and soul-space."*

**Margaret Silf – Patron**

# What we do...

Those involved in the Quiet Garden Movement come from a variety of traditions, churches and cultures. As such we express our heritage in many diverse ways and welcome the diversity of fellow travellers on the journey. All are welcome to Quiet Gardens, to rest in the presence of God, whatever spiritual path they follow.

Quiet Gardens vary widely in their size and situation, but at the core is the provision of outdoor space intentionally set aside for prayer, silence and refreshment.

There are over 300 Quiet Gardens globally, each offering a sanctuary space and time for stillness, prayer and contemplation.

Our core values include:

**Hospitality** – the offer of a warm-hearted, simple welcome to all.

**Contemplation** – the practice of silence, stillness, meditation and prayer.

**Nature Connection** – the opportunity to deepen our relationship with the natural world.

**Creativity** – the provision of quiet outdoor space to inspire.

## Will... need help?

**Free Wills Month** offers people aged 55 and over the opportunity to have their simple Wills written or updated free of charge by using participating solicitors in selected UK locations – see [www.freewillsmoth.org.uk](http://www.freewillsmoth.org.uk).

*"A few days ago I was laid off from my job and found myself today taking a walk to clear my anxious head. My wandering caused me to pass by your church and into the prayer garden which I had never seen before. I enjoyed an hour of prayer in your garden and left encouraged. Please pass along my thanks to whomever maintains the garden and let them know that their contributions make a difference. A lovely, sacred place."*



# How to leave a gift...

We welcome all gifts in wills, whatever the size, and we promise to use your gift to make a real difference through our work. We have been fortunate to receive generous gifts through legacies in the past, and they have sustained our work with Quiet Gardens around the world for over 25 years.

There are 3 main types of gifts you can make in a Will:

**Residuary** – a share in, or all of, what is left of the value of your estate after family and friends have been taken care of.

**Pecuniary** – a specific sum of money.

**Specific** – property or item such as jewellery or a piece of art.

**We strongly advise you to see a solicitor when writing or amending your Will.**

If you have already made a Will your solicitor can, without difficulty, **add a codicil to include your gift**. As a general rule, if the change you wish to make is small or simple, you can use a codicil, and if the change is more significant or complex you should make a new will.

**Cheques should be made payable to 'The Quiet Garden Trust'.**

## Tax... did you know?

**All charitable gifts**, including gifts in Wills to The Quiet Garden Trust, **are exempt of inheritance tax**. Aside from supporting your favourite charity's work, there are also financial benefits to leaving part of your estate to charity. Leaving money to charity can be a way of reducing how much of your estate ends up with HMRC. Not only will any portion left to charity not count towards the total taxable value of your estate, but if you leave at least 10 per cent of your net estate to charity then you can cut the rate of inheritance tax you pay from 40 per cent to 36 per cent.

*"Beyond the detail, it's unlikely that anything I have to say about my experience of a Quiet Garden session will be unique, because I feel confident I am discovering a growing movement of people already in the know. Quiet Gardens are restorative, refreshing, and good for the soul. And this is exactly what I experienced at PLOT 22."*