

# MAKING A PATH TO YOUR QUIET SPACE



**DESTINATIONS**  
to give you direction

**WAY MARKERS**  
to keep you on your path

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## 3 STEPS TO HELP YOU GET THERE

practical steps that you can take in the next week

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## QUIET GARDEN MOVEMENT

Over 300 quiet spaces to use worldwide, in a variety of settings, such as the gardens of private homes, churches, schools and hospitals. Many run regular quiet days, retreats and events, and make their spaces available to individuals and groups.

Find out more...

Visit: [www.quietgarden.org](http://www.quietgarden.org)  
Email: [info@quietgarden.org](mailto:info@quietgarden.org)  
Call: 01494 569057



**FINDING YOUR QUIET SPACE**

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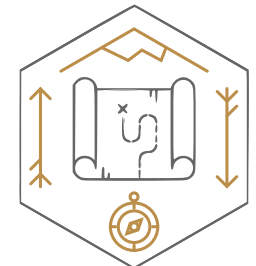
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