



# Seasonal Quiet Garden Days



Spring : 11<sup>th</sup> April 2023

Summer : 11<sup>th</sup> July 2023

Autumn : 10<sup>th</sup> October 2023

Winter : 5<sup>th</sup> December 2023

10am – 4pm

Cost £48

Facilitators :

Our gardening team Pamela Grossi and Jillian Gibson and Marianne and/ or Robin Anker-Petersen



*“If you stand still for a few minutes in the relentless onward rush of 21st century life you might hear a quiet but insistent undercurrent. It is the cry of our hearts for space and time just to be, to listen to the heartbeat of creation, to let our souls catch up.*

*Quiet gardens offer just such longed-for oases of peace. They open up once more what all our busy-ness has buried – the precious gift of heart-time and soul-space.”*

*Margaret Silf – patron of The Quiet Garden Movement*

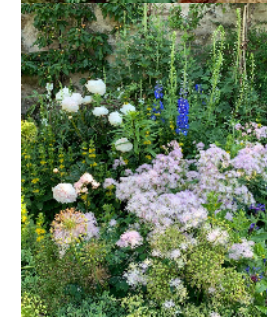
The Bield has been a member of **the Quiet Garden Movement** for 20 years, one of more than 300 Quiet Gardens across the world . We nurture access to outdoor spaces for prayer, reflection and creativity. We are blessed to have a wide variety of such spaces at the Bield. This year we will highlight the Quiet Garden Movement with seasonal programme days and will donate part of the income to the Quiet Garden Organisation.

### Each Quiet day

will begin with hot drinks and a tour round our delightful walled garden. Our garden team,



Pamela Grossi and Jillian Gibson will help you discover the gifts and surprises of the season. They will also be available later to answer any questions you may have about the garden.



A time of guided **meditation and reflection** will follow to consider how the Season speaks to our spirits . For those who wish there will be a period of **silence** before lunch, time to further explore the garden and its impact on you.

**Lunch** consists of an attractive variety of salads and potatoes or soup with as much Blackruthven produce as possible.

In the afternoon you will have the opportunity **to work creatively** with what the season offers : such as making a Spring Garden, a summer flower arrangement, an Autumn wreath or garland and in Winter a Christmas decoration. Alternatively, you can spend this time exploring the riches of the art space or enjoy discovering more of the Bield gardens.



We will finish the day with a time of prayer in the Chapel and a hot drink with home-baking.



## *Booking Information*

*Cost: £48*

*(Includes morning coffee, lunch, and afternoon tea)*

Please book through Muriel at:  
**info@bieldatblackruthven.org.uk**

**or**

**01738 583 238**

After booking, please pay cost in full

Cheques & BACS are Payable to:  
The Bield Christian Company Ltd.

Sort Code: 83-47-00

A/C: 00100095

Please include surname as reference. Card  
payments can be made by phone.

### **Extend your stay?**

You might want to come to Chapel at  
9.00a.m. or 5.00p.m.

You might like to stay the night after the  
retreat.

See web site for Cancellation Policy:  
**www.bieldatblackruthven.org.uk**



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