

Holy Rood House retreat
Summer Quiet Garden day
Awakening our Wild Nature

On Thursday 29th June 2023

From 9.45 for 10 – 4pm

As part of the Quiet Garden Movement



Come and enjoy a day at the peaceful centre of Holy Rood House, a place that specialises in health and pastoral care. Helen, one of our chaplains, and Mike, our residential community gardener, will be offering creative ideas, poems and prayers. Our large garden offers a quiet, gentle healing space which includes a labyrinth, orchard, goats and a walled garden with a pond. Indoor spaces include a chapel that is centred in the garden, and a large art room.

A light lunch and hot drinks will be provided.

The day will end with tea and cake.



Holy Rood House is a charity with a gentle Christian ethos; we are a community that offers a space for many people at their time of need. Many guests find the garden space helpful in their ongoing healing process 'I came to Holy Rood House not knowing what to expect, uncertain of what I would find, I found beautiful gardens of herbs and flowers, with gorgeous scents when touched, a quiet peaceful atmosphere...' Quote from a guest.

We are a charity wholly supported by donations. The suggested donation for the day is **£40**

To book the day please ring us on 01845 522580 or email us at enquiries@holyroodhouse.org.uk. It is helpful for us to know if you are a UK tax payer so we can claim gift aid on your donation.

We run regular, seasonal Quiet Garden Days throughout the year. Our Autumn day is 28th September.

Do explore our website <http://www.holyroodhouse.org.uk/> or give us a ring to find out more about the day.

**Holy Rood House & Juliet House
Centre for Health and Pastoral Care
& The Centre for the Study of Theology and Health
10 Sowerby Road
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YO7 1HX**

01845 522580

enquiries@holyroodhouse.org.uk

Registered charity: 1099836

*Gently we catch a glimpse of
Love*

Bless our glimpses

*Gradually we find
our guided pathway*

Bless our guiding

*Gratefully we are gathered
into the dance*

Bless our gathering

*Information about the Quiet Garden Movement can be found at
<http://quietgarden.org/>*