

We are pleased to be sending you the 2024 Quiet Day Programme. Some days fill up quickly so early booking is advised. We now ask for a deposit of £10 or the full £30 when booking. For payment details, please see below.

Wednesday 10 April

The Revd Rosemary Drew
“Care of the Soul”

We will look at the inner life and our spiritual practices in the backdrop of the spring garden at its best

Rosemary’s passion is the spiritual life including meditation, religious experience, mysticism and healing.

Tuesday 07 May

Andrea Harrison
“Resurrection Stories”

Using Godly play, personal creative response and our own stories, we will explore the personal and transformative effect of Resurrection.

Andrea trains children and adults all over the world to encounter God through Godly play. She is an LLM at St Benet’s church in Cambridge.

Thursday 06 June

The Venerable David Lowman
“O Worship the Lord in the Beauty of Holiness”

David will focus on this well-loved hymn.

David is a retired Archdeacon of Chelmsford and an always popular conductor of our Quiet Days.

Wednesday 10 July

The Revd Julia Mourant
“Listening”

We will be looking at what it means to listen in all its aspects: to each other, to the Divine, to creation and to ourselves.

Julia is Programme Leader for the Sarum Course in Spiritual Direction at Sarum College in Salisbury. An Anglican priest, she has worked for many years in training and vocations as well as spiritual direction and supervision. She is the author of Listening to Your Life (2016) and Listening to Your Soul (2022).

Thursday 15 August

Rosemary Drew & Richard Twinn
“Spiritual but not Religious”

We will examine this wide-spread view and hear stories of reasons why people are leaving the church or not joining. The day is designed both to raise awareness and to understand.

Richard is a former teacher who is currently on sabbatical. He devotes time each day to meditation, yoga, housework, cooking and music.

Tuesday 08 October

The Revd Neil Broadbent
“Psychic Awareness”

Neil has written a well-received booklet “An Introduction to Psychic Awareness”. He writes: “The word psychic means “to do with, or concerning, the soul. Traditionally, clergy are ordained to (tasked with) the cure of souls, promoting deep and inner healing amongst those with whom they live and work”.

Neil is an Anglican priest and Director of The Sozein Trust, a Christian Ministry of Healing charitable trust. He has many years experience in the cure of souls and has worked with psychiatrists around the country.

Tuesday 03 December

The Reverend Rosemary Drew
"The near-death Experience"

Traditionally in Advent, the Church has looked at the "Four Last Things" – death, heaven, hell and judgement. Inspired by Dr Raymond Moody's ground-breaking book "Life after Life", a large body of research into near-death experiences has thrown much light on this subject. We will look at some of the many stories and be greatly encouraged by doing so.

Rosemary is a former Vice-President of the Churches Fellowship for Psychological & Spiritual Studies www.churchesfellowship.co.uk.

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Individuals or small groups are also welcome for whole or part days on Tuesdays, Wednesdays and Thursdays by arrangement. Tea and coffee can be made by visitors, but, if coming for the day, please bring your own packed lunch. Small groups of six or eight can be accommodated, for pre-booked, guided retreats. There is a small library of spiritual books available for guests to use. The ministry of healing is also available, as is training in meditation. A meditation group meets in the Chapel at The Bowling Green every Monday evening between 7 and 8pm.

Unless otherwise stated, all Quiet Days start at 09.45am with coffee and conclude with tea at 3.30pm, 4pm departure. A charge of £30 is made to cover the costs of the speaker, a sandwich and fruit lunch, coffee and tea. A deposit of £10 or the full £30 is required when booking. We would, however, not want this charge to prevent anyone from participating, so please pay what you can afford.

By cheque: Made out to **The Quiet Garden** and posted to
The Bowling Green, 8 The Downs, Great Dunmow CM6 1DT.

By internet banking:

The Quiet Garden, Sort Code 20-19-97, Account 13908941

Further details and booking:

Canon Rosemary Drew tel: 01371 872662 rose.drew@btinternet.com

2024 Quiet Day Programme at



The Bowling Green

8 The Downs, Great Dunmow CM6 1DT

Quiet days help to redress the balance in our busy lives. While the days are structured with talks in the morning and afternoon, there is plenty of space for stillness and silence to allow God to speak through his word and his creation.

In addition to the programme of Quiet Days, we offer the hospitality of the Quiet Garden, a garden room and a small chapel for prayer and reflection, reading, or simply being in the presence of the Divine.