



THE QUIET GARDEN MOVEMENT at DORE ABBEY

Join us for a Quiet Morning in the ancient stillness of Dore Abbey on

Monday 16th March

10.30am to noon

10.30am Coffee and cake

11am-12pm Readings, Meditation, Silence, Stillness and Prayer and the opportunity to breathe and deepen our relationship with the natural world.

Wear warm layers. Rugs available.

Contact Annie anniemidwife@gmail.com

07816 751573 for more information

www.quietgarden.org/


